

Room Service

Please find enclosed a detailed menu of
Food and Beverages available.

Breakfast is served from 6:00am – 10:30am.

Lunch & Dinner is served from 10:00am – 9:00pm.

** A \$3 Service Charge Applies To All Room Service Deliveries**

Fables Restaurant

Breakfast Buffet

Available 6:00am – 10:30am

A wide selection of hot & cold breakfast favourites to start your day.

Seafood Buffet Dinner

6:00pm – 9:00pm

Enjoy our Seafood Buffet 7 nights a week.

Private Functions & Corporate Parties

Host an exclusive party in one of our Fables private dining rooms
or outdoor terraces.

Enjoy our legendary seafood buffet
or choose from our extensive menu options.

Tales Cafe, Bar & Poolside Service

8am – Late

Tales Café & Bar is a relaxed setting offering great coffees, snacks,
light meals and an all day a la carte dining menu
from 8am daily, dine in or take away.

Located in the lobby with excellent views of the outdoor swimming
pool and cascading waterfall.



Gluten Free



Vegetarian

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BREAKFAST

FRUIT PLATE & YOGHURT	\$12
a selection of seasonal sliced fruit w/ your choice of natural or fruit yoghurt	
BIRCHER MUESLI W/ GRANOLA & YOGHURT	\$14
homemade bircher muesli w/ your choice of natural or fruit yoghurt	
LEGENDARY EGGS BENEDICT	\$18
wilted spinach / sweet & sour pineapple relish / lemon hollandaise / toasted brioche bun, with your choice of ham or bacon	
CONTINENTAL	\$18
fruit plate / cereal / toast / danish or croissant / yoghurt / selection of spreads + condiments / fruit juice / pot of coffee or tea	
3 EGG HCT OMELETTE	\$19
leg ham & tomato folded over w/ melted cheese, served w/ toast & hash brown	
BIG BREAKFAST	\$22
2 free-range eggs your way / sausage / bacon / grilled tomato / hash browns / toast	

HOT BEVERAGES

pot of tea	\$5
espresso / short macchiato	\$3.5
flat white / latte / cappuccino / long black / long macchiato / mocha / hot chocolate / chai latte	
take away – small / large	\$4 / \$5

NON-ALCOHOLIC BEVERAGES

still water 600ml	\$4
sparkling water 300ml	\$5
soft drink - pepsi / max / solo / lemonade / ginger ale	\$5
lemon, lime + bitters	\$5
juice - orange / apple / pineapple / cranberry	\$5
red bull	\$6
iced - coffee / chocolate / mocha w/ ice cream + cream	\$6.5
milkshakes – chocolate / vanilla / caramel / strawberry	\$6.5

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Something for Everyone...

- ORGANIC SOURDOUGH BRUSCHETTA** \$11
lightly toasted organic sourdough topped with avocado and swiss cheese
- ROTI PARATHA** \$11
freshly grilled garlic & herb roti bread, served w/ a spicy curry sauce
- ROASTED SWEET POTATO & QUINOA SALAD**   \$14
oven roasted sweet potato tossed w/ quinoa, walnuts, cucumber, spanish onion, cherry tomatoes, splashed w/ balsamic vinaigrette
- GARDEN SALAD**   \$16
mixed greens, tomato, cucumber, onion & dressed w/ red wine vinegar
- JAPANESE STYLE "YAKITORI" CHICKEN SKEWERS**  \$16
grilled chicken skewers drizzled w/ teriyaki sauce, served on fresh pineapple slaw
- PRAWN DUMPLINGS** \$16
fresh prawn dumplings served w/ mint & basil salad, nuoc mam & peanut dipping sauce
- CHINESE STYLE BAO BUNS** \$17
fresh steamed buns filled w/ coconut chicken curry, coriander, pickled vegetables & topped w/ sambal belachan sauce
- FIVE MUSHROOM RISOTTO**   \$17
a slow cooked creamy mixed mushroom risotto w/ shaved parmesan
- SPICY BEEF MEATBALLS** \$18
homemade meatballs stuffed w/ cherry bocconcini & cooked in a red pepper sauce, served on a bed of jalapeno & cheese mash
- BATTERED FLATHEAD** \$18
lightly battered flathead fillets served w/ fat chips & paprika aioli
- CLASSIC NACHOS** \$18
crispy corn chips topped with melted cheese & served w/ chilli con carne, guacamole, sour cream & tomato salsa

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CHICKEN CAESAR SALAD	\$19
chicken breast, cos lettuce, bacon, croutons, poached egg, parmesan cheese, anchovies & house caesar dressing	
BUTTER CHICKEN	\$19
boneless chicken pieces cooked in aromatic indian spices & served w/ steamed jasmine rice & pappadum	
THAI BEEF SKEWERS	\$20
thai style beef skewers infused w/ coconut & turmeric, served on egg fried rice accompanied by a homemade chilli salsa & green asian salad	
SIRLOIN STEAK PANINI	\$20
a freshly toasted sirloin steak panini dressed w/ tomato chutney & red onion jam, served w/ dill pickles, mixed garden salad & fat chips	
MANTRA CLUB SANDWICH	\$24
a triple deck of grilled sourdough toast, smeared w/ smashed avocado, tomato chutney & dijon aioli, filled w/ crispy bacon & fried chicken then topped w/ sliced tomato, swiss cheese & baby spinach, served w/ fat chips	

Something Serious...

250gr PORK LOIN	\$30
a pan fried herb & parmesan panko crumbed pork loin on a rocket & seasonal stone fruit salad	
GRILLED OCEAN TROUT	\$30
served w/ roasted sweet potatoes, kalamata olives, steamed vegetables & a light beurre blanc sauce	
200gr SEARED BEEF EYE FILLET TENDERLOIN	\$34
a succulent eye fillet of beef served w/ roasted baby potatoes, field mushroom, tomato confit & steamed green vegetables, accompanied by a red wine jus	
400gr CONFIT OF LAMB SHOULDER	\$36
slowly braised & served on the bone w/ a garlic pomme puree, accompanied by a traditional greek salad	

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12 Inch Pizza

GRAND SICILIAN **\$24**

a sicilian combination of mozzarella, pepperoni, italian sausage, bacon, homemade meatballs, red onion, olives, bocconcini & rocket, finished w/ a drizzle of chilli oil on a tomato base

PERI PERI CHICKEN **\$24**

peri peri infused chicken breast w/ mozzarella, roasted peppers, cherry tomatoes, onions, baby spinach & pickles on a tomato base

PEKING DELUXE **\$26**

roasted peking duck w/ shallots, mozzarella, cucumber & coriander drizzled w/ a light sesame glaze on a hoi sin sauce base

Something for the Kids...

FAT CHIPS **\$7**

served w/ sour cream & tomato sauce

BEEF BURGER **\$11**

beef pattie burger served w/ fat chips & salad

PIZZA **\$11**

ham & cheese pizza, served w/ fat chips & salad

FISH & CHIPS **\$11**

crumbed fish, served w/ fat chips & salad

PASTA **\$11**

spaghetti bolognese, served w/ fat chips & salad

CHICKEN NUGGETS **\$11**

crispy fried chicken, served w/ fat chips & salad

Something Sweet... **\$12**

CHOCOLATE AMANDINE w/ chantilly crème & acai coulis

AUTHENTIC TIRAMISU w/ coffee jelly & biscotti

FRENCH APPLE TARTE w/ midori custard sauce & berry compote

CHEESE PLATE **\$19**

a selection of brie, vintage cheddar & blue, served w/ quince paste, mixed nuts, dried fruits & nut bread

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BEERS

LIGHT/MID STRENGTH

cascade light; tas	\$6
xxxx gold; qld	\$6.5
peroni leggera; italy	\$7.5

STANDARD

tooheys new; nsw	\$7
pure blonde; vic	\$7
victoria bitter; vic	\$7

PREMIUM

28 pale ale; qld	\$8
big head (no carb); qld	\$8
the heff (wheat beer); qld	\$8
crown lager; vic	\$8
fat yak; vic	\$8

IMPORTS

asahi; japan	\$9
corona; mexico	\$9
stella; belgium	\$9
peroni; italy	\$9

SPIRITS + LIQUORS

house spirits	\$8.5
premium spirits & liquors	from \$9

CIDER

bulmers pear; ireland	\$9
bulmers apple; ireland	\$9

SINGLE MALTS

glenfiddich 12 years	\$10
glenfiddich 15 years	\$13.5
glenfiddich 18 years	\$16

LIQUEUR COFFEE

TRADITIONAL OR AFFOGATO STYLE

irish (jameson) / irish cream (baileys) / mexican (kahlua)	\$11
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LIQUEURS

cointreau / frangelico / baileys / sambuca / amaretto / galliano	\$9
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FORTIFIED WINE

penfolds club	\$10
courvoisier cognac v.s.o.p	\$10

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COCKTAILS

\$18

MOJITO

bacardi / mint / lime / soda

MIDORI SPLICE

midori / malibu / pineapple juice / coconut cream

FRESCO MELON

gin / watermelon / lime juice / soda / sugar syrup

MARGARITA (traditional or frozen)

jose cuervo tequila / cointreau / lime juice

MANGO DAIQUIRI

bacardi / mohala / mango

ESPRESSO MARTINI

fresh espresso / kahlua / vodka / vanilla galliano

TIPSY NIGHTS

midori / malibu / banana liqueur / lemon juice / pineapple juice

PINA COLADA

malibu / bacardi / coconut cream / pineapple juice

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WINES

	G	B
CHAMPAGNE		
nv pol roger brut; champagne france		\$120
SPARKLING		
mortar & pestle; regional s.a.	\$7.5	\$30
nv torralta prosecco; italy	\$8.5	\$37
twin islands; marlborough n.z.		\$45
SAUVIGNON BLANC		
kapuka; marlborough n.z.	\$8.5	\$40
palliser estate pencarrow; martinborough n.z.	\$10	\$46
nautilus; marlborough n.z.		\$56
SEMILLON SAUVIGNON BLANC		
mortar & pestle; regional s.a.	\$7.5	\$30
CHARDONNAY		
wirra wirra scrubby rise unwooded; mclaren vale s.a.	\$8.5	\$38
hill smith estate; eden valley s.a.		\$49
WHITE BLENDS & AROMATICS		
lambrusco bianco; italy		\$35
corte giara- pinot grigio; veneto, italy		\$40
vasse felix- classic dry white; margaret river w.a.		\$42
jim barry lavender hill riesling; clare valley s.a.	\$9	\$45
MERLOT		
yalumba y series; s.a.		\$35
PINOT NOIR		
kapuka; marlborough n.z.	\$8.5	\$40
RED BLENDS		
mortar & pestle- cabernet merlot; regional s.a.	\$7.5	\$30
forest hill highbury fields- cabernet merlot; w.a.		\$44
wirra wirra church block- c/s/m; mclaren vale s.a.	\$10	\$50
vasse felix- c/s/m; margaret river w.a.		\$53
SHIRAZ		
redbank the long paddock; king valley vic	\$8	\$37
yalumba patchwork; barossa s.a.		\$49
CABERNET SAUVIGNON		
rymill the yearling; coonawarra s.a.	\$8.5	\$39
jim barry cover drive; clare valley s.a.		\$49
DESSERT 375ml		
mitchelton botrytis riesling, central vic		\$39
04 de bortoli noble one botrytis semillon; south coast vic		\$95

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