

# flux

Cafe~restaurant~bar

## Breakfast Menu

### Light Mornings

Muffins & friands

Croissant with homemade preserves \$5

Toast with homemade preserves \$4.9

Wholemeal, Sourdough, Rye, Turkish toast, Fruit toast, Ciabatta

### Homemade Breads

Banana bread \$4.5

### Specialty Breakfast

Grilled banana bread with ricotta cheese & honey \$7

Traditional Breakfast: Two eggs, bacon, tomato and toast \$8.9

Sautéed herbed mushrooms on sour dough \$10

Pancake Stack: Banana \$10.9 or Strawberries \$12.9 with maple syrup & Chantilly cream

Seasonal fruit salad with yoghurt, honey \$10.5

Healthy Choice: Mushroom, spinach, poached eggs, feta, roasted tomato & avocado with toasted Rye bread \$13.9

Eggs Benedict: With ham or bacon \$13.9 with smoked salmon \$15.9

Served on Ciabatta finished with spinach & hollandaise sauce

FLUX breakfast: Eggs, bacon, mushrooms, spinach, hashbrown, roast tomato, chipolatas & Sour dough \$16.9

Omelette with your choice of three of the following: Ham, Cheese, Mushroom, Tomato, Spinach, Bacon or Onion with roasted tomato and toasted Turkish bread \$13.9

### Great additions to eggs or toast

Bacon \$3, Chipolatas \$3, Smoked salmon \$4, Herbed mushrooms \$4,

Baby spinach \$4, Avocado \$3, Fries \$4